



NESO National Electricity Transmission System Status report

NESO National Electricity Transmission System Status Report
Sunday 12 July 2026

Today's High Level Risk Status Forecast for the next 24h			
General Status		Voltage	
Demand		System Inertia	
System Margins		Weather	
Generation		Transmission	
Active Constraints			
System Warning			

Today's Minimum De-Rated Margin	14,575 MW (SP 47)	
Current BMU Largest Loss Risk	Generation	1600 MW
	Demand	560 MW

Balancing Costs

Last 24 hours' BM spend Total: £3130k



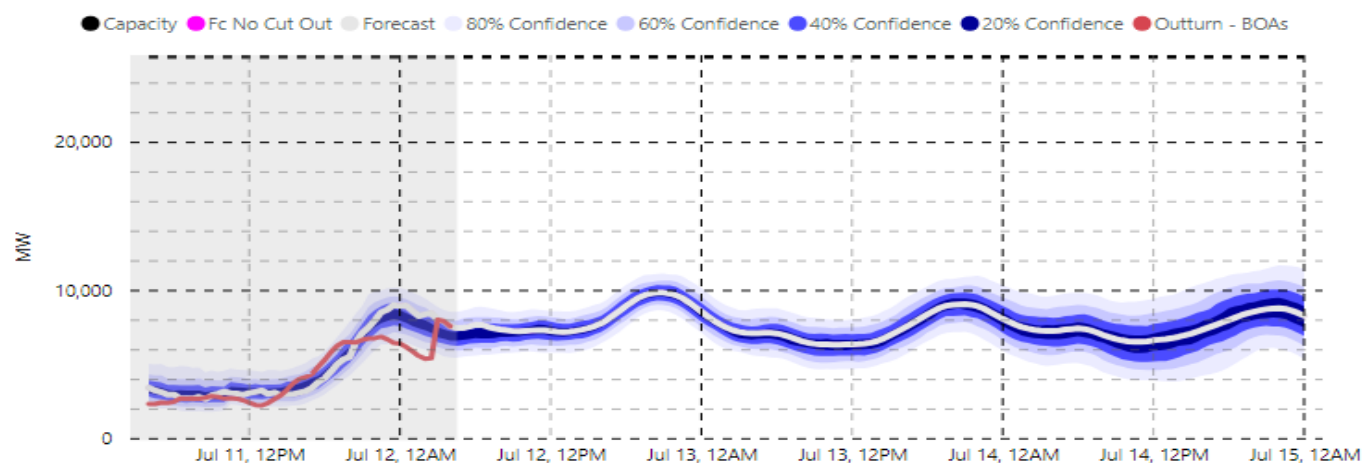
Yesterday's Market Summary

Cash Out Price (Max)	£110.53 /MWh (SP 48)
Cash Out Price (Min)	£88.45 /MWh (SP 34)
Peak Demand Yesterday	36,415 MW
Minimum Demand	15,519 MW

Interconnector Net Transfer Capacity (MWs)

Today	Import	Export	Remarks
Netherlands (BritNed)	1000	1000	Fully Available
Belgium (Nemo)	1000	1000	Fully Available
Ireland (EWIC)	500	500	Fully Available
Northern Ireland (MOYLE)	500	500	Fully Available
Norway (NSL)	1400	1400	Fully Available
France (IFA2)	1000	1000	Fully Available
Ireland (GreenLink)	0	0	Outage
Viking Link	1450	1450	Fully Available
France (ElecLink)	1000	1000	Fully Available
France (IFA)	2000	2000	Fully Available

Wind Power Forecast

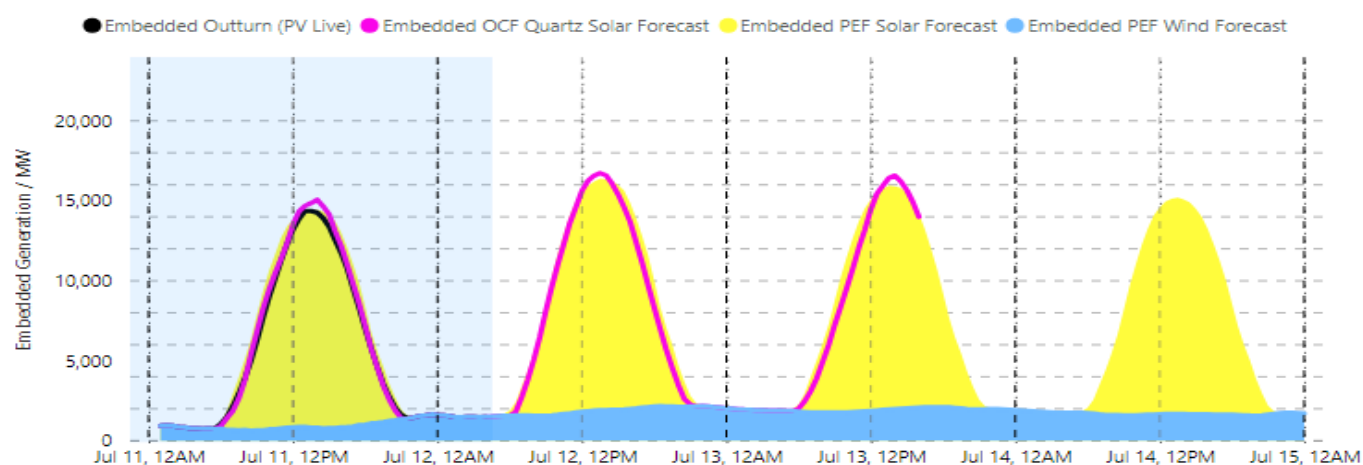


Expected embedded generation (MWs)

Embedded Generation Forecast

Embedded Generation Forecast

	11-July-2026					12-July-2026					13-July-2026	
	5:00 AM	8:00 AM	12:00 PM	5:00 PM	9:00 PM	12:00 AM	5:00 AM	8:00 AM	12:00 PM	5:00 PM	9:00 PM	12:00 AM
PV (MW)	785	3,922	13,210	9,510	1,607	1,620						
Quartz (MW)	785	3,805	13,516	9,776	1,400	1,620	1,552	5,063	15,623	11,129	2,260	2,036
Solar (MW)	811	5,114	13,836	11,015	1,934	1,620	1,572	5,563	15,516	12,792	2,816	2,036
Wind (MW)	785	674	851	891	1,366	1,620	1,552	1,565	1,818	2,077	2,146	2,036
Total Embedded (MW)	811	5,114	13,836	11,015	1,934	1,620	1,572	5,563	15,516	12,792	2,816	2,036



Weather	Source	Commentary
Latest forecast (Summary)	Met Office SEPA Natural Resources	Today: Low cloud clearing England and Wales to leave another dry and sunny day. Sunny in Northern Ireland, but cloudier across much of Scotland. Feeling hot in the sunshine, but fresher in the east with a breeze. Windy along southern coasts.

Weather	Source	Commentary
	Wales	Tonight: Patchy rain easing across Scotland. Low cloud becoming more extensive across central and eastern areas, with clear spells remaining in the west. A warm night, but windy in the south.
General Weather Concerns e.g. wind, rain, snow, flooding, GB Weather Warnings	Met Office Weather Warning England Flood Warning SEPA Natural Resources Wales	UK Weather Warnings A fine evening with some late sunshine for many. Patchy low cloud will form in eastern and central areas, otherwise fine and dry with long clear spells.
		Flood Warnings 0 flood warnings and 0 flood alert issued for England. 0 flood warnings and 0 flood alerts issued for Scotland. 0 flood warnings and 0 flood alerts issued for Wales.

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Further Information	
BM Reports	https://www.elexon.co.uk/data/kinnect-insights-solution/
System Balancing Reports	https://www.neso.energy/industry-information/industry-data-and-reports/system-balancing-reports
Forecast Volumes and Costs	https://www.neso.energy/industry-information/industry-data-and-reports/forecast-volumes-and-costs