



NESO National Electricity Transmission System Status report

NESO National Electricity Transmission System Status Report
Friday 10 July 2026

Today's High Level Risk Status Forecast for the next 24h			
General Status		Voltage	
Demand		System Inertia	
System Margins		Weather	
Generation		Transmission	
Active Constraints			
System Warning			

Today's Minimum De-Rated Margin	6251MW (SP48)	
Current BMU Largest Loss Risk	Generation	1500 MW
	Demand	560 MW

Balancing Costs

Last 24 hours' BM spend Total: £4557k



Yesterday's Market Summary

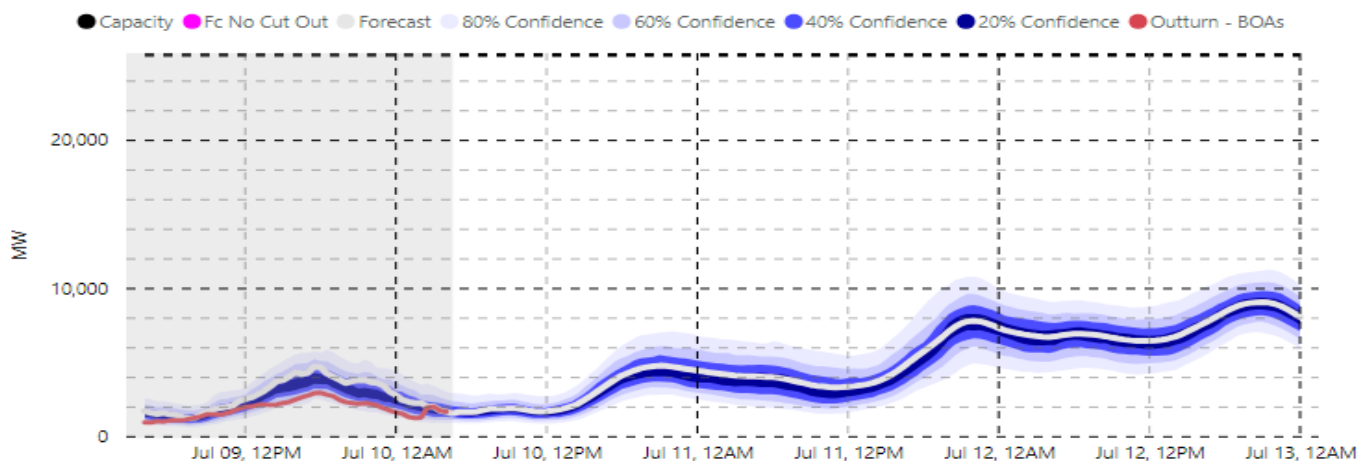
Cash Out Price (Max)	£195. /MWh (SP 47,48)
Cash Out Price (Min)	£55.10 /MWh (SP 25)
Peak Demand Yesterday	30,602 MW (SP 43)
Minimum Demand	21,600 MW (SP 29)

Interconnector

Net Transfer Capacity (MWs)

Today	Import	Export	Remarks
Netherlands (BritNed)	1000	1000	Fully Available
Belgium (Nemo)	1000	1000	Fully Available
Ireland (EWIC)	500	500	Fully Available
Northern Ireland (MOYLE)	500	500	Fully Available
Norway (NSL)	1400	1400	Fully Available
France (IFA2)	1000	1000	Fully Available
Ireland (GreenLink)	500	500	Fully Available
Viking Link	1450	1450	Fully Available
France (ElecLink)	1000	1000	Fully Available
France (IFA)	2000	2000	Fully Available

Wind Power Forecast

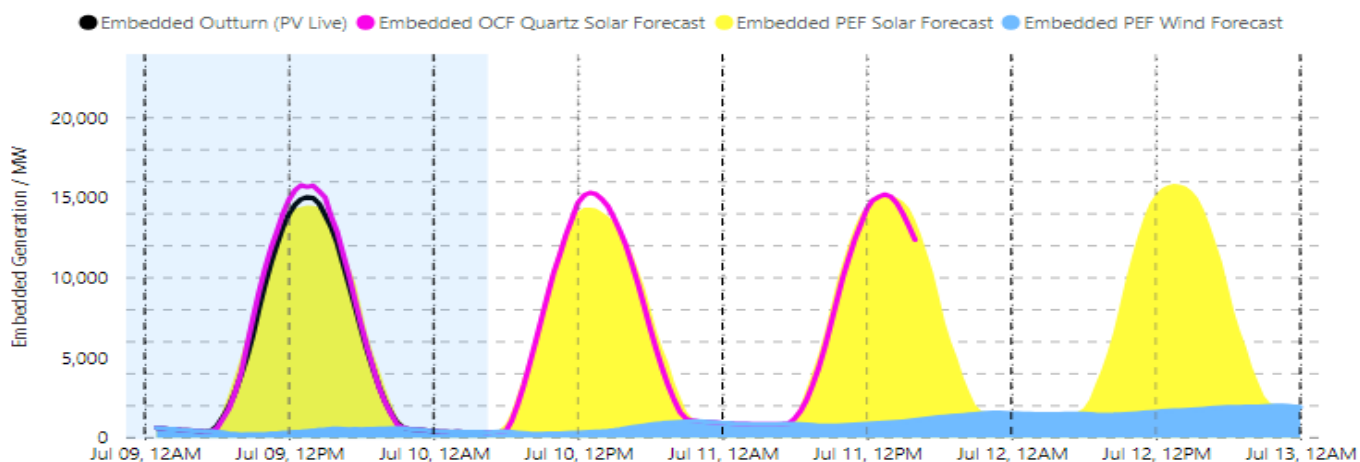


Expected embedded generation (MWs)

Embedded Generation Forecast

Embedded Generation Forecast

	09-July-2026					10-July-2026					11-July-2026		
	5:00 AM	8:00 AM	12:00 PM	5:00 PM	9:00 PM	12:00 AM	5:00 AM	8:00 AM	12:00 PM	5:00 PM	9:00 PM	12:00 AM	5:00 AM
PV (MW)	388	3,888	14,000	9,518	931	435							
Quartz (MW)	388	3,979	14,894	10,098	816	435	361	4,642	14,683	9,599	1,184	928	861
Solar (MW)	422	5,053	14,045	10,706	1,251	435	389	5,079	14,133	10,483	1,674	928	885
Wind (MW)	388	205	327	527	594	435	361	265	315	709	1,015	928	861
Total Embedded (MW)	422	5,053	14,045	10,706	1,251	435	389	5,079	14,133	10,483	1,674	928	885



Weather	Source	Commentary
Latest forecast (Summary)	Met Office SEPA Natural Resources	Today: Rain in the northwest may turn heavy for a time. The small chance of a shower developing elsewhere, but many once again staying dry and predominantly sunny. Another hot day.

Weather	Source	Commentary
	Wales	Tonight: Cloud and outbreaks of rain will continue overnight across northwest Scotland. Otherwise, dry and largely clear, though low cloud pushing inland again into parts of the west, although not as extensive as previous night. A warm night for many.
General Weather Concerns e.g. wind, rain, snow, flooding, GB Weather Warnings	Met Office Weather Warning England Flood Warning SEPA Natural Resources Wales	UK Weather Warnings No Weather Warnings are In Force
		Flood Warnings 0 flood warnings and 0 flood alert issued for England. 0 flood warnings and 0 flood alerts issued for Scotland. 0 flood warnings and 0 flood alerts issued for Wales.

Contains public sector information licensed under the Open Government Licence v1.0

Further Information	
BM Reports	https://www.elexon.co.uk/data/kinnect-insights-solution/
System Balancing Reports	https://www.neso.energy/industry-information/industry-data-and-reports/system-balancing-reports
Forecast Volumes and Costs	https://www.neso.energy/industry-information/industry-data-and-reports/forecast-volumes-and-costs