

NESO
National Electricity
Transmission
System
Status report

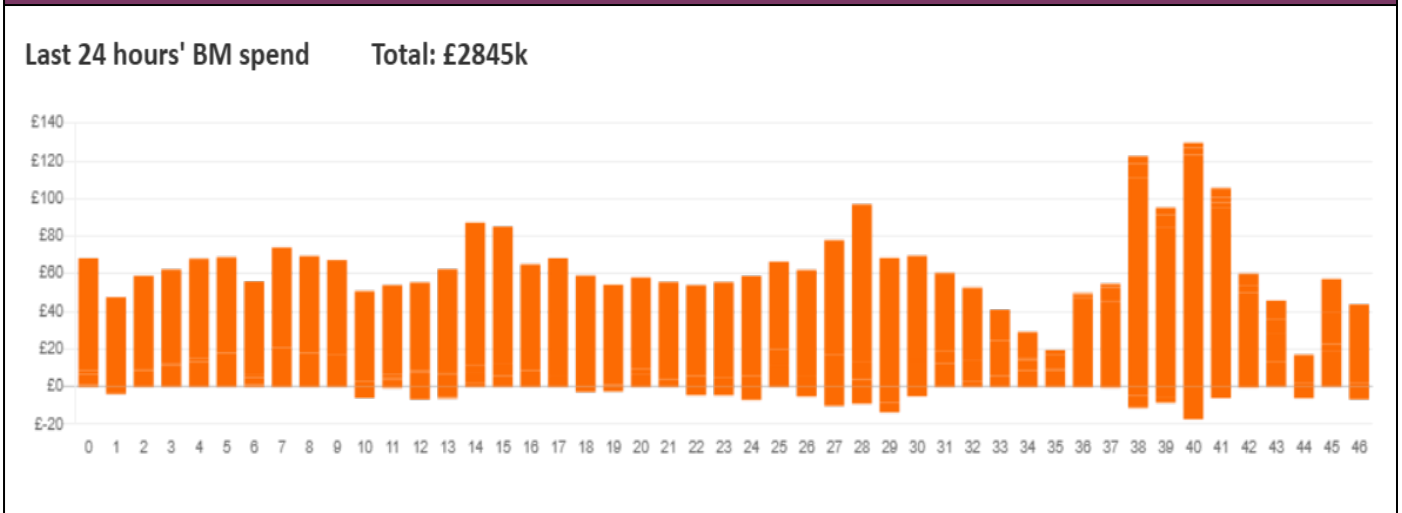


NESO National Electricity Transmission System Status Report
Sunday 10 May 2026

Today's High Level Risk Status Forecast for the next 24h			
General Status		Voltage	
Demand		System Inertia	
System Margins		Weather	
Generation		Transmission	
Active Constraints			
System Warning			

Today's Minimum De-Rated Margin	15,400 MW (SP 48)	
Current BMU Largest Loss Risk	Generation	1400 MW
	Demand	560 MW

Balancing Costs



Yesterday's Market Summary

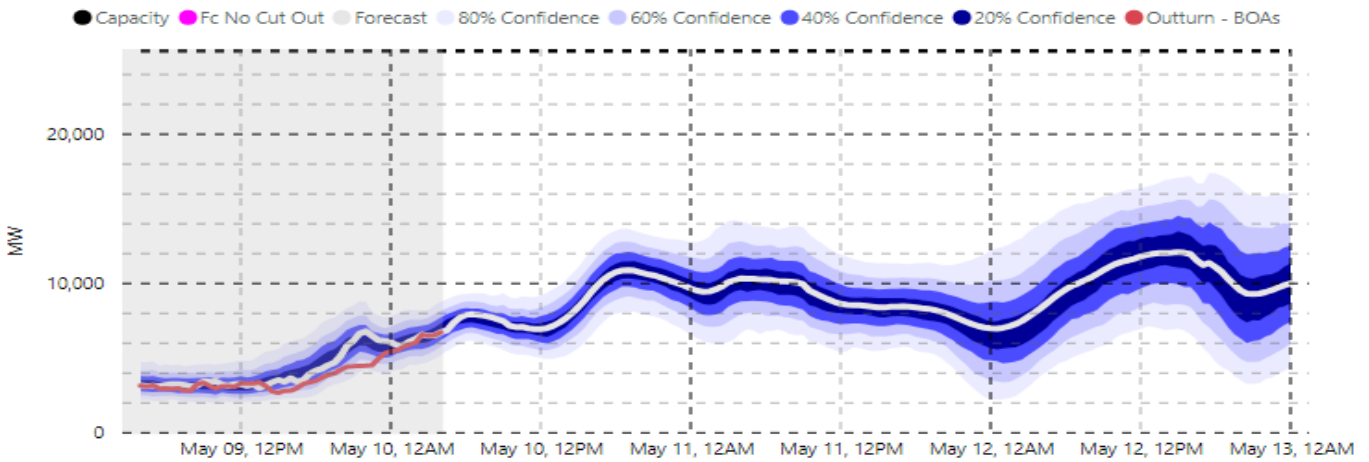
Cash Out Price (Max)	£174 / MWh (SP 42)
Cash Out Price (Min)	£-13.90 / MWh (SP 30)
Peak Demand Yesterday	25,291 MW (SP 38)
Minimum Demand	15,864 MW (SP 29)

Interconnector

Net Transfer Capacity (MWs)

Today	Import	Export	Remarks
Netherlands (BritNed)	1000	1000	Fully Available
Belgium (Nemo)	1000	1000	Fully Available
Ireland (EWIC)	500	500	Fully Available
Northern Ireland (MOYLE)	500	500	Fully Available
Norway (NSL)	1400	1400	Fully Available
France (IFA2)	1000	1000	Fully Available
Ireland (GreenLink)	500	500	Fully Available
Viking Link	1400	1400	Fully Available
France (ElecLink)	1000	1000	Fully Available
France (IFA)	500	500	Planned outage of BP1, monopolar operation BP2

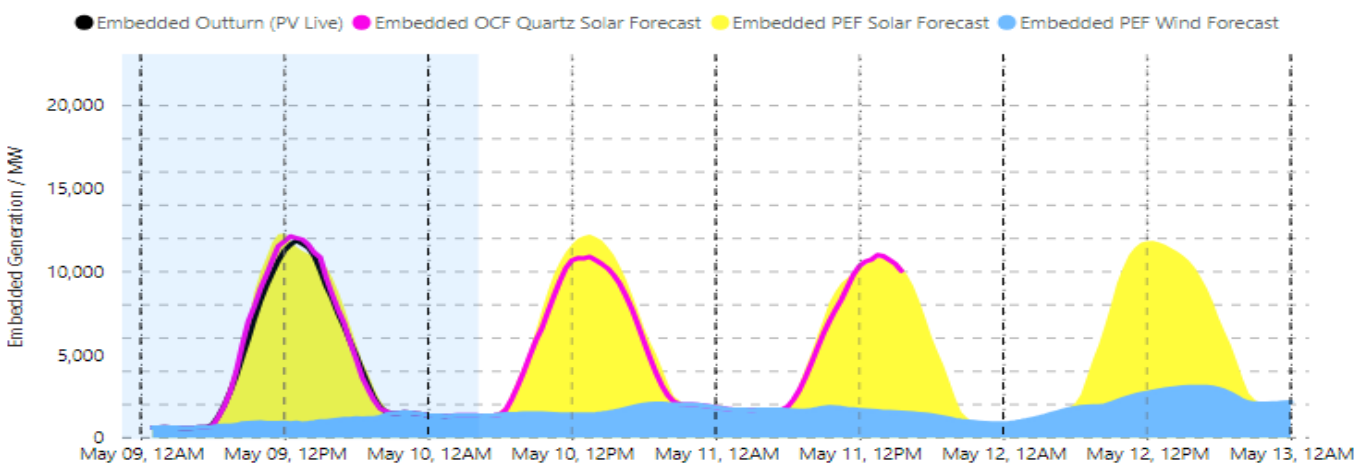
Wind Power Forecast



Expected embedded generation (MWs)

Embedded Generation Forecast

Embedded Generation (non-metered) Estimates													Last run: 10 May 2026 04:31:57				
	09-MAY-2026					10-MAY-2026					11-MAY-2026						
	05:00	08:00	12:00	17:00	21:00	00:00	05:00	08:00	12:00	17:00	21:00	00:00	05:00	08:00	12:00	17:00	21:00
Solar (MW)	0	3000	10365	5558	7	0	0	2603	9000	5264	0	0	0	2802	8166	6137	19
Wind (MW)	649	771	934	1165	1530	1438	1467	1559	1491	1885	2072	1883	1735	1711	1703	1463	998
STOR (MW)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total (MW)	649	3771	11299	6723	1537	1438	1467	4162	10491	7149	2072	1883	1735	4513	9869	7600	1017



Weather	Source	Commentary
Latest forecast (Summary)	Met Office SEPA Natural Resources Wales	<p>Today: Rather cloudy and breezy for central and southern areas, with showery rain possible in the southeast. Wet and windy weather developing across northern Scotland. A fine day for many elsewhere with sunny spells. Feeling cooler than Saturday for most.</p> <p>Tonight: Evening rain across Scotland moving south to reach central areas by dawn. Wintry showers following into Scotland. Clear spells otherwise, but turning cold for the time of year with frost.</p>
General Weather Concerns e.g. wind, rain, snow, flooding, GB Weather Warnings	Met Office Weather Warning England Flood Warning SEPA Natural	<p>UK Weather Warnings No weather warnings are in force for the UK.</p> <p>Flood Warnings 0 flood warnings and 0 flood alerts issued for England. 0 flood warnings and 0 flood alerts issued for Scotland 0 flood warnings and 0 flood alert issued for Wales</p>

Weather	Source	Commentary
	Resources Wales	

Contains public sector information licensed under the Open Government Licence v1.0

Further Information	
BM Reports	https://www.elexon.co.uk/data/kinnect-insights-solution/
System Balancing Reports	https://www.neso.energy/industry-information/industry-data-and-reports/system-balancing-reports
Forecast Volumes and Costs	https://www.neso.energy/industry-information/industry-data-and-reports/forecast-volumes-and-costs