

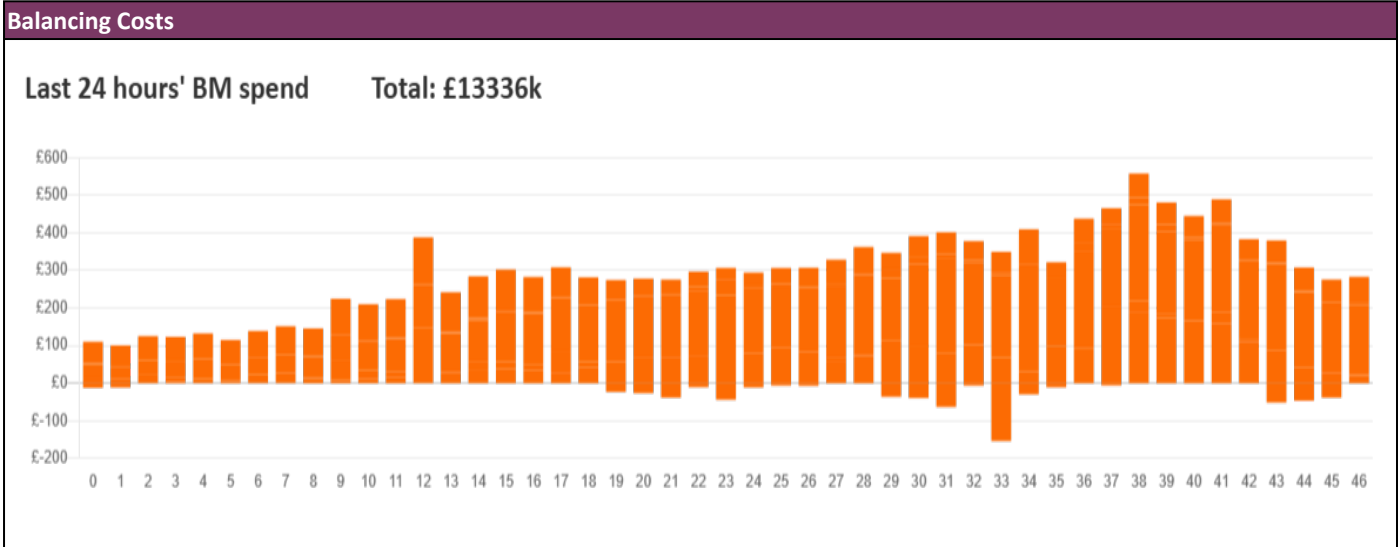
NESO
National Electricity
Transmission
System
Status report



NESO National Electricity Transmission System Status Report
Friday 08 May 2026

Today's High Level Risk Status Forecast for the next 24h			
General Status		Voltage	
Demand		System Inertia	
System Margins		Weather	
Generation		Transmission	
Active Constraints			
System Warning			

Today's Minimum De-Rated Margin	10,553 MW (SP 48)	
Current BMU Largest Loss Risk	Generation	1500 MW
	Demand	1480 MW



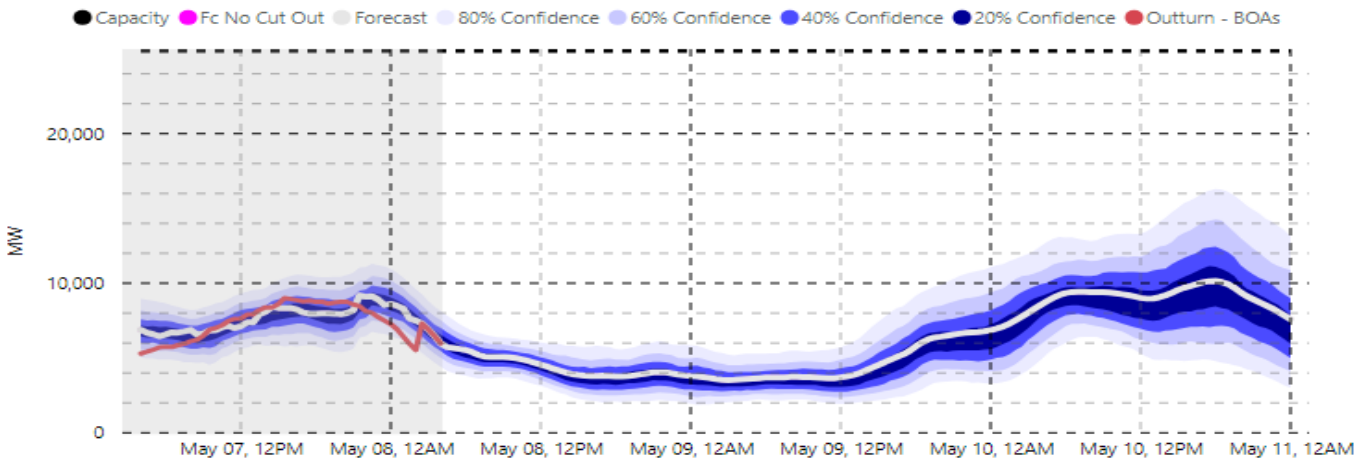
Yesterday's Market Summary

Cash Out Price (Max)	£153.99 / MWh (SP 36)
Cash Out Price (Min)	£0 / MWh (SP 25)
Peak Demand Yesterday	30,309 MW (SP 40)
Minimum Demand	20,888 MW (SP 11)

Interconnector Net Transfer Capacity (MWs)

Today	Import	Export	Remarks
Netherlands (BritNed)	1000	1000	Fully Available
Belgium (Nemo)	1000	1000	Fully Available
Ireland (EWIC)	500	500	Fully Available
Northern Ireland (MOYLE)	500	500	Fully Available
Norway (NSL)	1400	1400	Fully Available
France (IFA2)	1000	1000	Fully Available
Ireland (GreenLink)	500	500	Fully Available
Viking Link	1400	1400	Fully Available
France (ElecLink)	1000	1000	Fully Available
France (IFA)	1000	1000	Planned outage

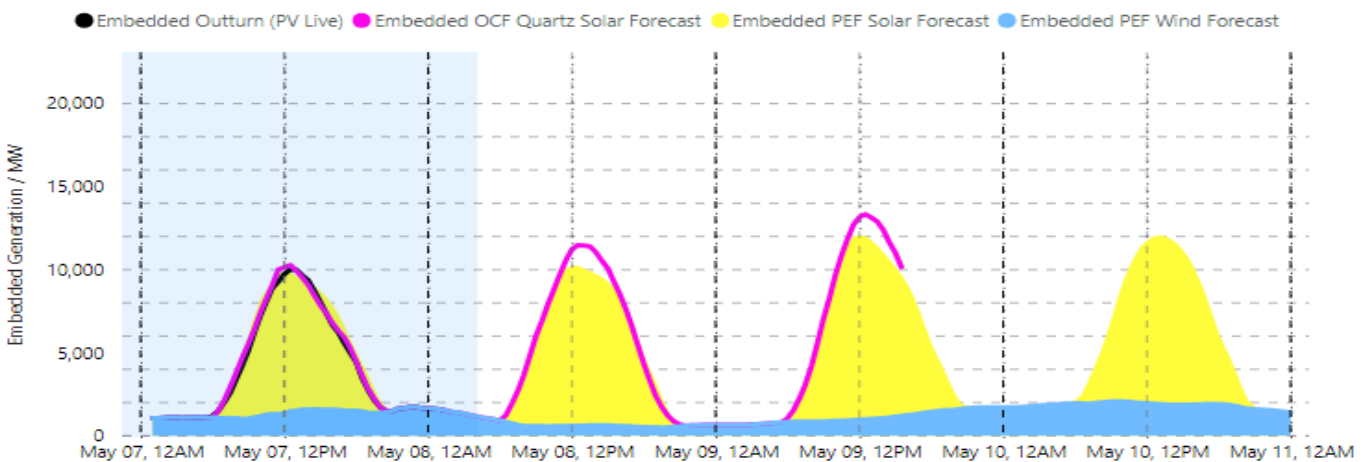
Wind Power Forecast



Expected embedded generation (MWs)

Embedded Generation Forecast

Embedded Generation (non-metered) Estimates													Last run: 08-May-2026 04:31:50				
	07-MAY-2026					08-MAY-2026					09-MAY-2026						
	05:00	08:00	12:00	17:00	21:00	00:00	05:00	08:00	12:00	17:00	21:00	00:00	05:00	08:00	12:00	17:00	21:00
Solar (MW)	0	2388	8388	4052	1	0	0	2910	8988	5248	0	0	0	3263	10142	4987	0
Wind (MW)	1143	1079	1374	1561	1504	1673	1025	608	605	573	603	684	817	889	1029	1423	1779
STOR (MW)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total (MW)	1143	3467	9762	5613	1505	1673	1025	3518	9593	5821	603	684	817	4152	11171	6410	1779



Weather	Source	Commentary
Latest forecast (Summary)	Met Office SEPA Natural Resources Wales	<p>Today: Cloudy across the north with some heavy shower for northern England later. Elsewhere, sunny spells with further showers developing, heaviest across Wales, the Midlands, southern and eastern England. Slightly warmer for most but cooler across the northwest.</p> <p>Tonight: Evening showers fade leaving clear spells. Some rain may persist in far northern England. Local frost in the northwest, with rural grass frost and isolated fog patches south.</p>
General Weather Concerns e.g. wind, rain, snow, flooding, GB Weather Warnings	Met Office Weather Warning England Flood Warning SEPA	<p>UK Weather Warnings No weather warnings are in force for the UK.</p> <p>Flood Warnings 0 flood warnings and 1 flood alerts issued for England. 0 flood warnings and 0 flood alerts issued for Scotland</p>

Weather	Source	Commentary
	Natural Resources Wales	0 flood warnings and 0 flood alert issued for Wales

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Further Information	
BM Reports	https://www.elexon.co.uk/data/kinnect-insights-solution/
System Balancing Reports	https://www.neso.energy/industry-information/industry-data-and-reports/system-balancing-reports
Forecast Volumes and Costs	https://www.neso.energy/industry-information/industry-data-and-reports/forecast-volumes-and-costs