

**NESO**  
**National Electricity**  
**Transmission**  
**System**  
Status report

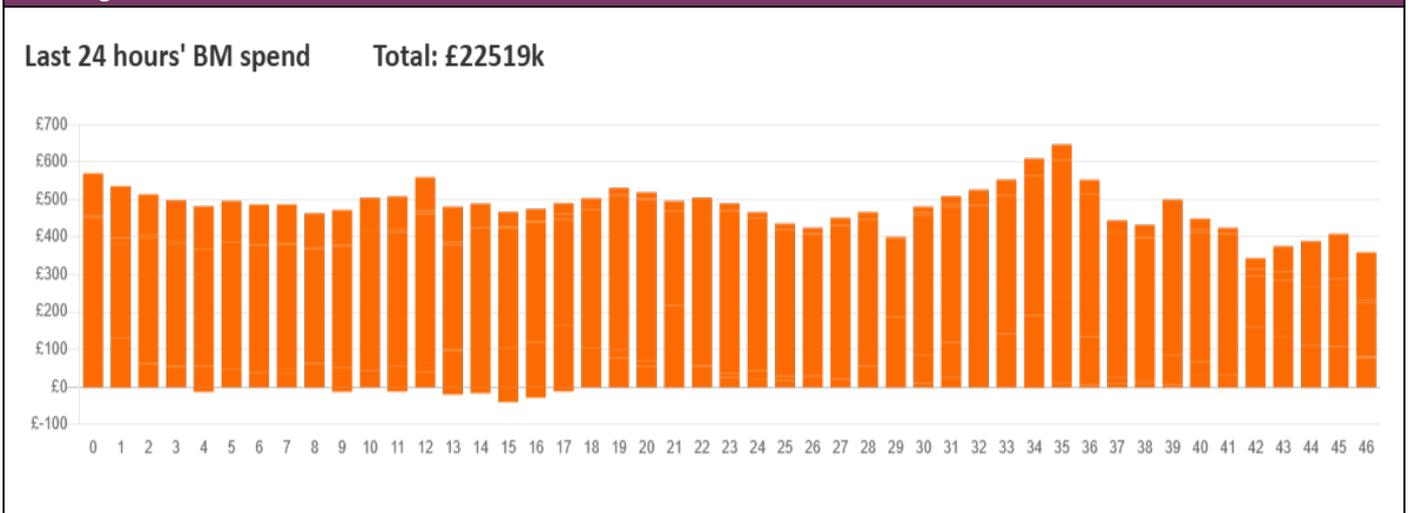


NESO National Electricity Transmission System Status Report  
Friday 13 March 2026

Today's High Level Risk Status Forecast for the next 24h			
General Status		Voltage	
Demand		System Inertia	
System Margins		Weather	
Generation		Transmission	
Active Constraints			
<a href="#">System Warning</a>			

<a href="#">Today's Minimum De-Rated Margin</a>	14,004 MW (SP 47)	
Current BMU Largest Loss Risk	Generation	1400 MW
	Demand	1250 MW

Balancing Costs



Yesterday's Market Summary

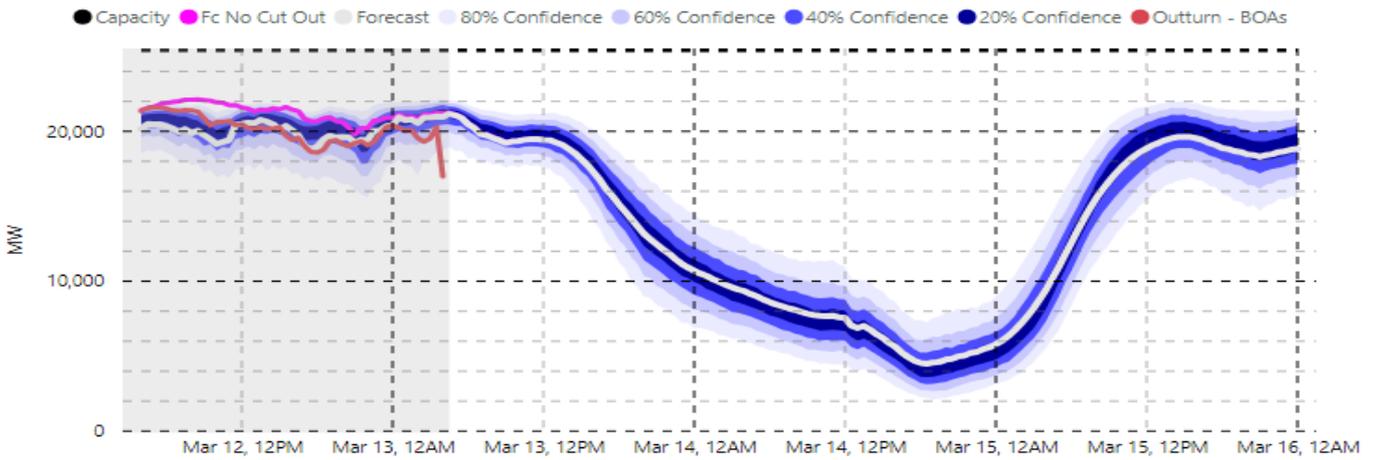
<a href="#">Cash Out Price (Max)</a>	£153 / MWh (SP 36)
<a href="#">Cash Out Price (Min)</a>	£33 / MWh (SP 31)
<a href="#">Peak Demand Yesterday</a>	36,866 MW (SP 38)
<a href="#">Minimum Demand</a>	20,516 MW (SP 11)

Interconnector

Net Transfer Capacity (MWs)

Today	Import	Export	Remarks
Netherlands (BritNed)	1000	1000	Fully Available
Belgium (Nemo)	1000	1000	Fully Available
Ireland (EWIC)	500	500	Fully Available
Northern Ireland (MOYLE)	500	500	Fully Available
Norway (NSL)	1400	1400	Fully Available
France (IFA2)	1000	1000	Fully Available
Ireland (GreenLink)	500	500	Fully Available
Viking Link	1400	1400	Fully Available
France (ElecLink)	1000	1000	Fully Available
France (IFA)	1500	1500	Partially Available

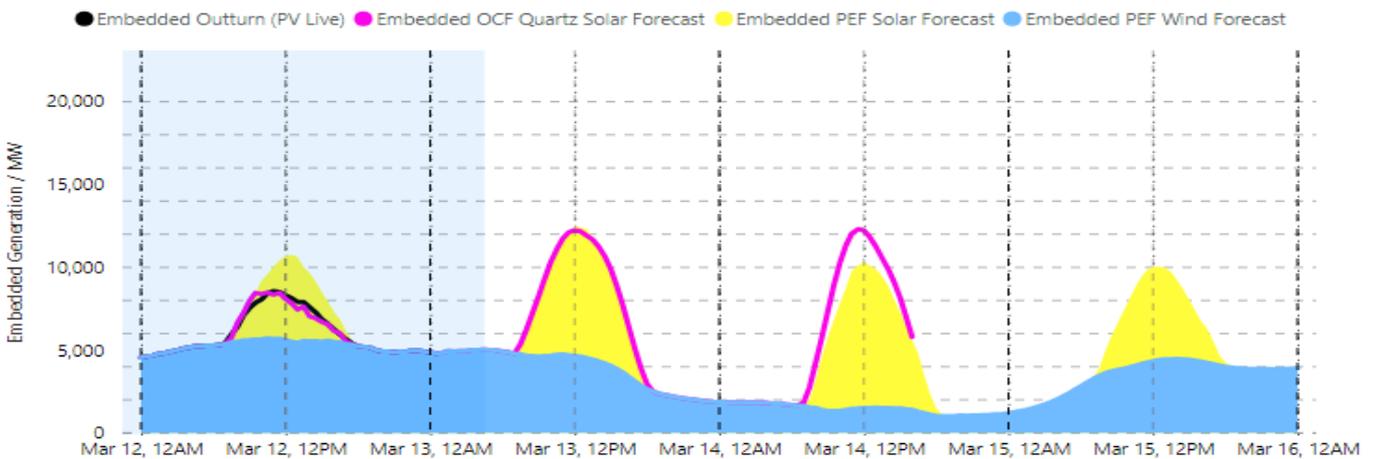
### Wind Power Forecast



### Expected embedded generation (MWs)

#### Embedded Generation Forecast

Embedded Generation (non-metered) Estimates													Last run: 13-Mar-2026 04:31:41				
	12-MAR-2026					13-MAR-2026					14-MAR-2026						
	05:00	08:00	12:00	17:00	21:00	00:00	05:00	08:00	12:00	17:00	21:00	00:00	05:00	08:00	12:00	17:00	21:00
Solar (MW)	0	919	2696	277	0	0	0	2156	7985	1404	0	0	0	3469	10363	1893	0
Wind (MW)	5408	5664	5787	5556	5027	5020	5161	4880	4808	3176	2101	1878	1771	1539	1519	1225	1089
STOR (MW)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
<b>Total (MW)</b>	<b>5408</b>	<b>6583</b>	<b>8483</b>	<b>5833</b>	<b>5027</b>	<b>5020</b>	<b>5161</b>	<b>7036</b>	<b>12793</b>	<b>4580</b>	<b>2101</b>	<b>1878</b>	<b>1771</b>	<b>5008</b>	<b>11882</b>	<b>3118</b>	<b>1089</b>



Weather	Source	Commentary
Latest forecast (Summary)	<a href="#">Met Office</a> <a href="#">SEPA</a> <a href="#">Natural Resources Wales</a>	<b>Today:</b> Friday will generally be a brighter day than of late, though with a cold and sometimes blustery wind blowing. There will also be some showers, these most widespread in the north and west, where locally heavy and in places wintry.  <b>Tonight:</b> There will be a mixture of clear spells and scattered showers this evening. The showers will become more confined to the northwest overnight. A widespread frost forming, with icy patches.
General Weather Concerns e.g. wind, rain, snow, flooding, GB Weather Warnings	<a href="#">Met Office</a> <a href="#">Weather Warning</a> <a href="#">England Flood Warning</a> <a href="#">SEPA</a> <a href="#">Natural</a>	<b>UK Weather Warnings</b> Yellow warning of snow and ice Yellow - Possible  Areas affected: Central, Tayside & Fife, Grampian, Highlands & Eilean Siar, Strathclyde Central, Tayside & Fife   Grampian   Highlands & Eilean Siar   Strathclyde Active Warning ACTIVE

Weather	Source	Commentary
	<a href="#">Resources</a> <a href="#">Wales</a>	<p>Started:00:00 GMT Friday 13 March00:00 (GMT) Fri 13 Mar            Ends:09:00 GMT Friday 13 March09:00 (GMT) Fri 13 Mar            Frequent snow showers may lead to some travel disruption on Friday morning</p> <ul style="list-style-type: none"> <li>- Some roads and railways likely to be affected with longer journey times by road, bus and train services</li> <li>- Probably some icy patches on some untreated roads, pavements and cycle paths</li> <li>- Some injuries from slips and falls on icy surfaces</li> </ul> <p>Issued:09:48 GMT Thursday 12 March09:48 (GMT) Thu 12 Mar</p> <p><b>Flood Warnings</b>            16 flood warnings and 85 flood alerts issued for England.            4 flood warnings and 2 flood alerts issued for Scotland            0 flood warnings and 16 flood alerts issued for Wales</p>

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Further Information	
BM Reports	<a href="https://www.elexon.co.uk/data/kinnect-insights-solution/">https://www.elexon.co.uk/data/kinnect-insights-solution/</a>
System Balancing Reports	<a href="https://www.neso.energy/industry-information/industry-data-and-reports/system-balancing-reports">https://www.neso.energy/industry-information/industry-data-and-reports/system-balancing-reports</a>
Forecast Volumes and Costs	<a href="https://www.neso.energy/industry-information/industry-data-and-reports/forecast-volumes-and-costs">https://www.neso.energy/industry-information/industry-data-and-reports/forecast-volumes-and-costs</a>