

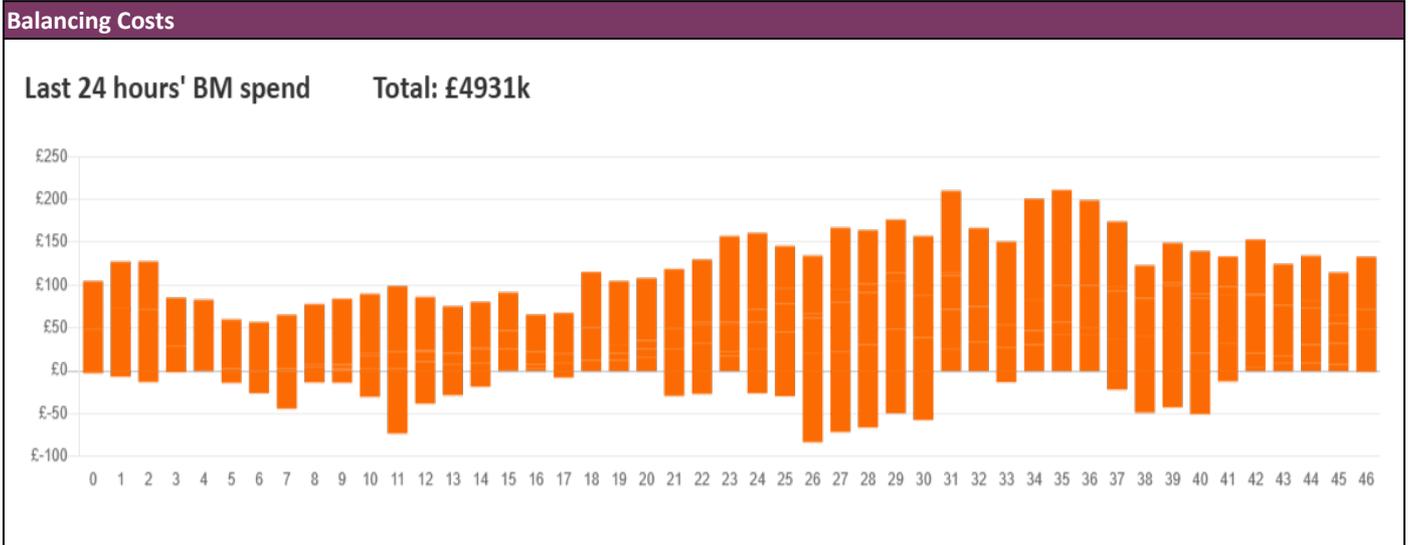
NESO
National Electricity
Transmission
System
Status report



NESO National Electricity Transmission System Status Report
Tuesday 10 March 2026

Today's High Level Risk Status Forecast for the next 24h			
General Status		Voltage	
Demand		System Inertia	
System Margins		Weather	
Generation		Transmission	
Active Constraints			
System Warning			

Today's Minimum De-Rated Margin	20,670 MW (SP 19)	
Current BMU Largest Loss Risk	Generation	1500 MW
	Demand	560 MW



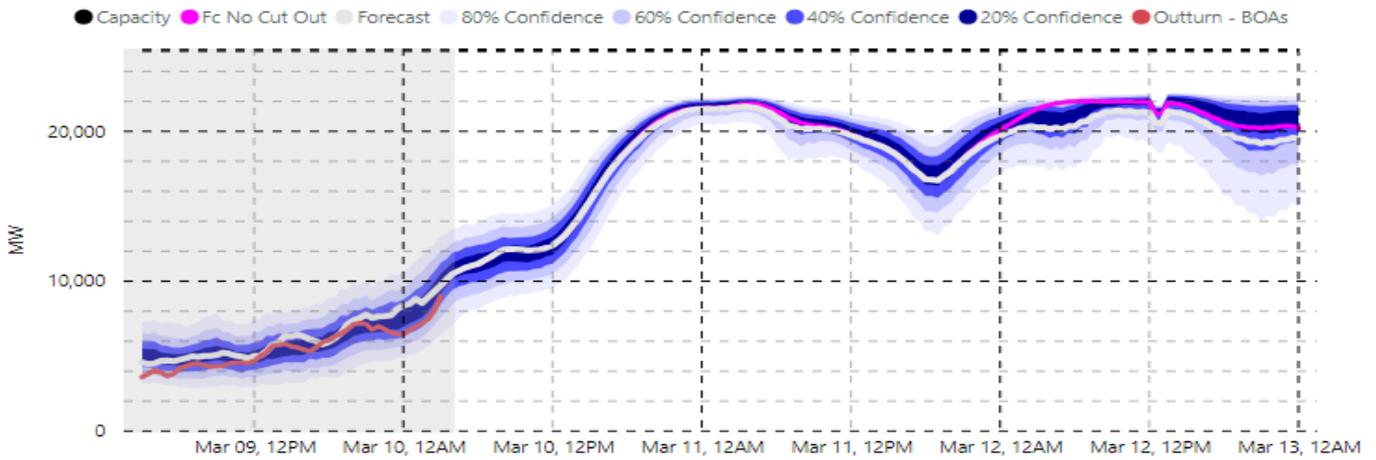
Yesterday's Market Summary

Cash Out Price (Max)	£189 / MWh (SP 36)
Cash Out Price (Min)	£101.43 / MWh (SP 27)
Peak Demand Yesterday	37,957 MW (SP 37)
Minimum Demand	22,867 MW (SP 11)

Interconnector Net Transfer Capacity (MWs)

Today	Import	Export	Remarks
Netherlands (BritNed)	1000	1000	Fully Available
Belgium (Nemo)	1000	1000	Fully Available
Ireland (EWIC)	500	500	Fully Available
Northern Ireland (MOYLE)	500	500	Fully Available
Norway (NSL)	1400	1400	Fully Available
France (IFA2)	1000	1000	Fully Available
Ireland (GreenLink)	500	500	Fully Available
Viking Link	1400	1400	Fully Available
France (ElecLink)	1000	1000	Fully Available
France (IFA)	1500	1500	Partially Available

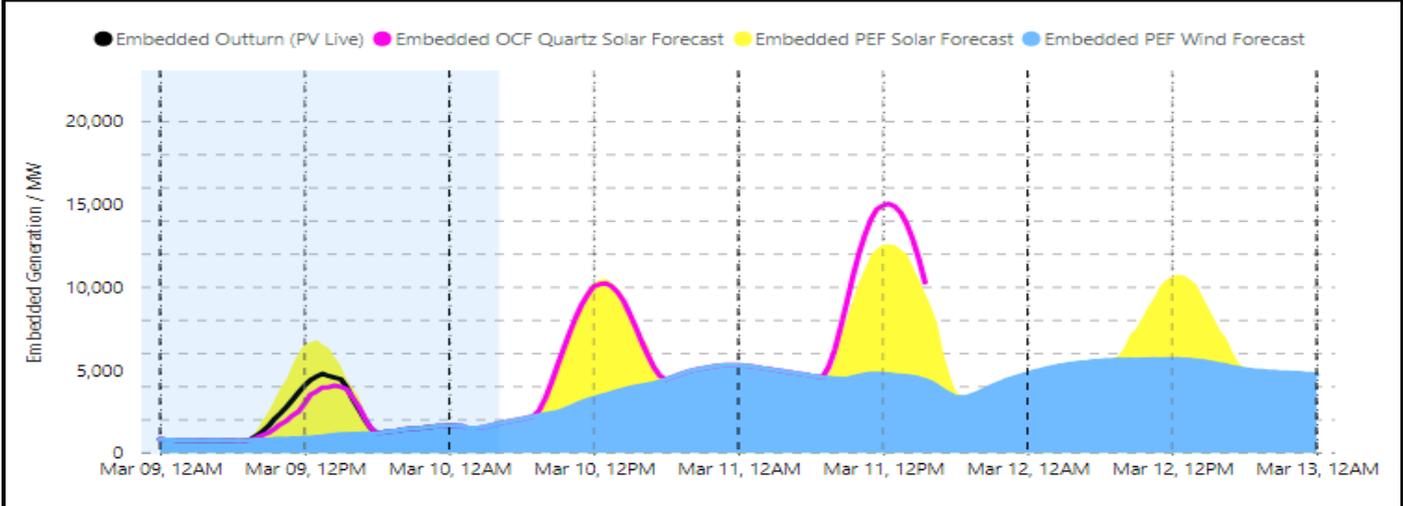
Wind Power Forecast



Expected embedded generation (MWs)

Embedded Generation Forecast

Embedded Generation (non-metered) Estimates													Last run: 10-Mar-2026 04:31:32				
	09-MAR-2026					10-MAR-2026					11-MAR-2026						
	05:00	08:00	12:00	17:00	21:00	00:00	05:00	08:00	12:00	17:00	21:00	00:00	05:00	08:00	12:00	17:00	21:00
Solar (MW)	0	254	3141	846	0	0	0	1603	7465	862	0	0	0	2733	8812	1869	0
Wind (MW)	791	802	948	1191	1519	1688	1958	2383	3398	4325	5247	5463	4947	4607	4894	3890	4113
STOR (MW)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Total (MW)	791	1056	4089	2037	1519	1688	1958	3986	10863	5187	5247	5463	4947	7340	13706	5759	4113



Weather	Source	Commentary
Latest forecast (Summary)	Met Office SEPA Natural Resources Wales	<p>Today: A rather cloudy day for most, patchy rain in the west slowly moving east and weakening. Winds increasing through the day, breaking up the cloud to allow some brighter spells this afternoon. Further rain arriving in the west by evening.</p> <p>Tonight: A band of heavy rain and strong winds will move eastwards overnight. The rain clearing the east by morning, allowing some clearer spells and a few showers to follow.</p>
General Weather Concerns e.g. wind, rain, snow, flooding, GB Weather Warnings	Met Office Weather Warning England Flood Warning SEPA Natural	<p>UK Weather Warnings No weather warnings are in force for the UK</p> <p>Flood Warnings 21 flood warnings and 44 flood alerts issued for England. 0 flood warnings and 0 flood alerts issued for Scotland 0 flood warnings and 0 flood alerts issued for Wales</p>

Weather	Source	Commentary
	Resources Wales	

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Further Information	
BM Reports	https://www.elexon.co.uk/data/kinnect-insights-solution/
System Balancing Reports	https://www.neso.energy/industry-information/industry-data-and-reports/system-balancing-reports
Forecast Volumes and Costs	https://www.neso.energy/industry-information/industry-data-and-reports/forecast-volumes-and-costs