



NESO **National Electricity** **Transmission** **System** Status report

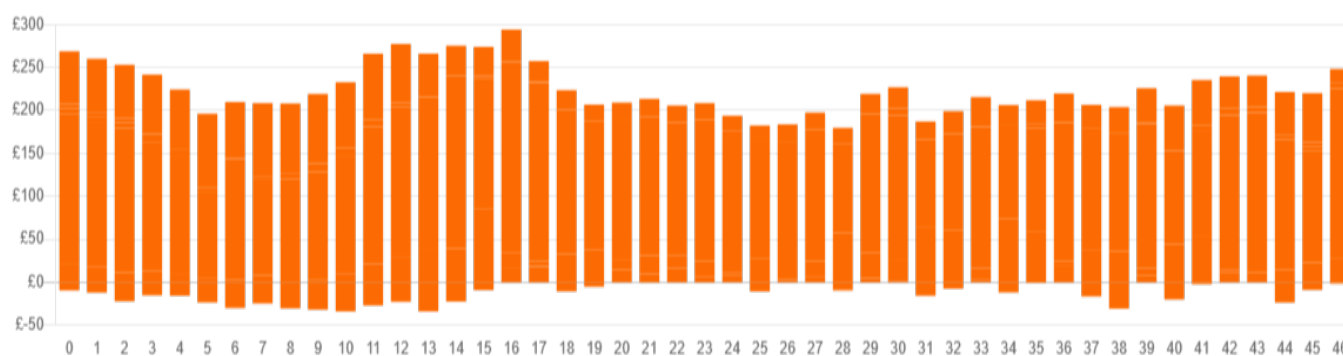
NESO National Electricity Transmission System Status Report
Sunday 25 January 2026

Today's High Level Risk Status Forecast for the next 24h			
General Status		Voltage	
Demand		System Inertia	
System Margins		Weather	
Generation		Transmission	
Active Constraints			
System Warning			

Today's Minimum De-Rated Margin	21,709 MW (SP 36)	
Current BMU Largest Loss Risk	Generation	1600 MW
	Demand	560MW

Balancing Costs

Last 24 hours' BM spend Total: £10026k



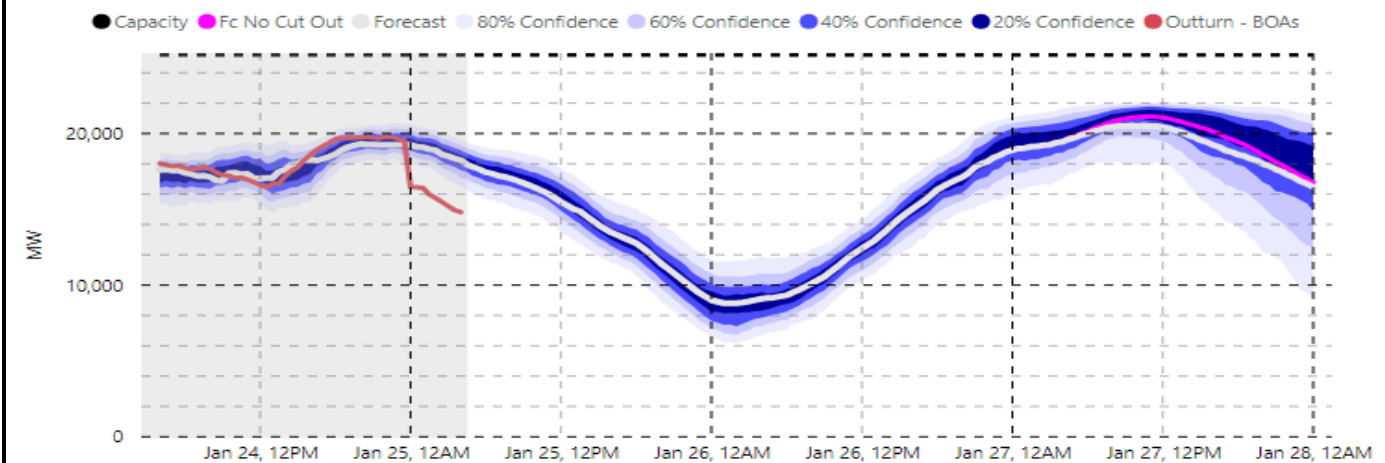
Yesterday's Market Summary

Cash Out Price (Max)	£129.00 / MWh (SP 36)
Cash Out Price (Min)	£49.33 / MWh (SP 7)
Peak Demand Yesterday	36,109 MW (SP 36)
Minimum Demand	21,900 MW (SP 10)

Interconnector Net Transfer Capacity (MWs)

Today	Import	Export	Remarks
Netherlands (BritNed)	1000	1000	Fully Available
Belgium (Nemo)	1000	1000	Fully Available
Ireland (EWIC)	500	500	Fully Available
Northern Ireland (MOYLE)	500	500	Fully Available
Norway (NSL)	1400	1400	Fully Available
France (IFA2)	1000	1000	Fully Available
Ireland (GreenLink)	500	500	Fully Available
Viking Link	1400	1400	Fully Available
France (ElecLink)	1000	1000	Fully Available
France (IFA)	1500	1500	Partially Available

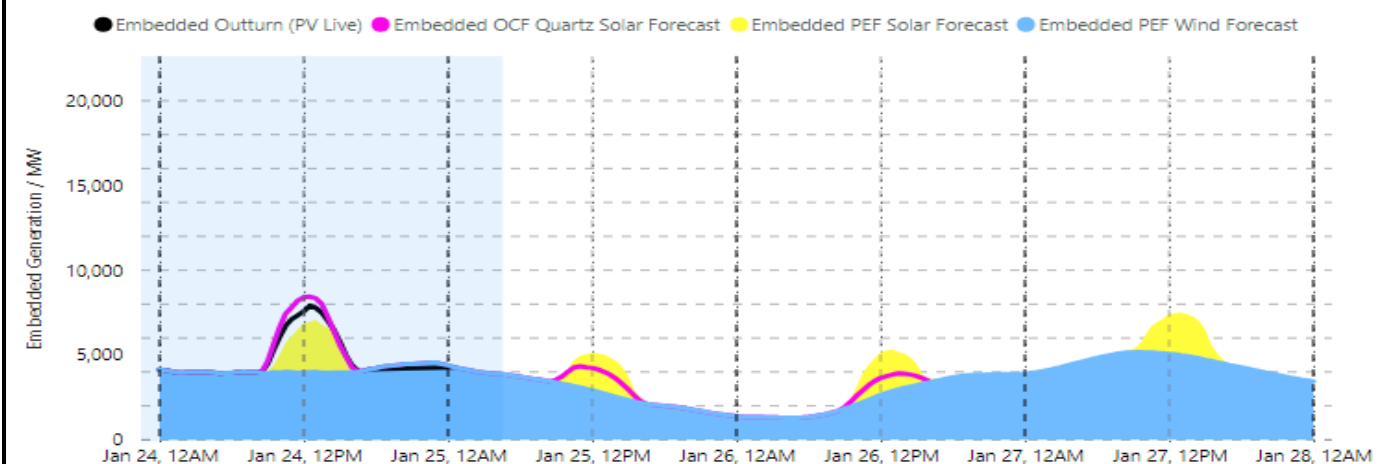
Wind Power Forecast



Expected embedded generation (MWs)

Embedded Generation Forecast

Embedded Generation (non-metered) Estimates																	Last run: 25-Jan-2026 04:31:36		
	24-JAN-2026					25-JAN-2026					26-JAN-2026								
	05:00	08:00	12:00	17:00	21:00	00:00	05:00	08:00	12:00	17:00	21:00	00:00	05:00	08:00	12:00	17:00	21:00		
Solar (MW)	0	0	3599	0	0	0	0	0	1833	0	0	0	0	0	2296	0	0		
Wind (MW)	4066	4144	4111	4200	4630	4530	3881	3549	3059	2220	1784	1410	1314	1644	2756	3772	4012		
STOR (MW)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0		
Total (MW)	4066	4144	7710	4200	4630	4530	3881	3549	4892	2220	1784	1410	1314	1644	5052	3772	4012		



Weather	Source	Commentary
Latest forecast (Summary)	Met Office SEPA Natural Resources Wales	Today: Cloudy for many with outbreaks of rain or showers. A few brighter breaks developing, with many areas becoming dry later. Further hill snow likely across parts of northeast Scotland. Tonight: Unsettled, particularly in the west, with further bands of rain or showers moving north. Mostly dry in the east, but often cloudy. Heavy rain across Northern Ireland and Scotland with hill snow easing across northeast. Windy through the Irish Sea.
General Weather Concerns e.g. wind, rain, snow, flooding, GB Weather Warnings	Met Office Weather Warning England Flood Warning SEPA Natural Resources Wales	UK Weather Warnings Yellow warning of rain Yellow - Possible Areas affected: South West England, Wales Starts: 18:00 GMT Monday 26 January 18:00 (GMT) Mon 26 Jan Ends: 14:00 GMT Tuesday 27 January 14:00 (GMT) Tue 27 Jan Outbreaks of heavy rain could result in some flooding and disruption. - There is a small chance that homes and businesses could be flooded, causing damage

Weather	Source	Commentary
		<p>to some buildings</p> <ul style="list-style-type: none"> - Where flooding occurs, there is a slight chance of delays or cancellations to train and bus services - Spray and flooding could lead to difficult driving conditions and some road closures - There is a small chance that some communities will become cut off by flooded roads <p>Issued:10:46 GMT Saturday 24 January10:46 (GMT) Sat 24 Jan</p> <p>Flood Warnings</p> <p>17 flood warnings and 126 flood alerts issued for England. 3 flood warnings and 8 flood alerts issued for Scotland 0 flood warnings and 2 flood alert issued for Wales</p>

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Further Information	
BM Reports	https://www.elexon.co.uk/data/kinnect-insights-solution/
System Balancing Reports	https://www.neso.energy/industry-information/industry-data-and-reports/system-balancing-reports
Forecast Volumes and Costs	https://www.neso.energy/industry-information/industry-data-and-reports/forecast-volumes-and-costs