

# NESO

# National Electricity

# Transmission

# System

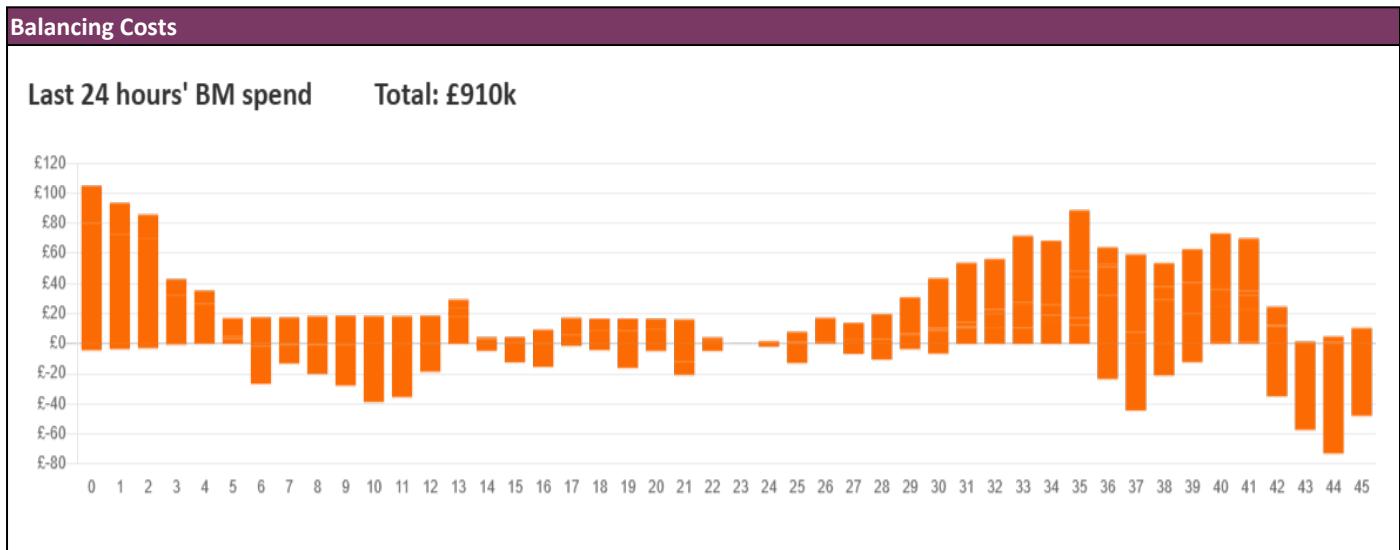
## Status report



NESO National Electricity Transmission System Status Report  
Monday 19 January 2026

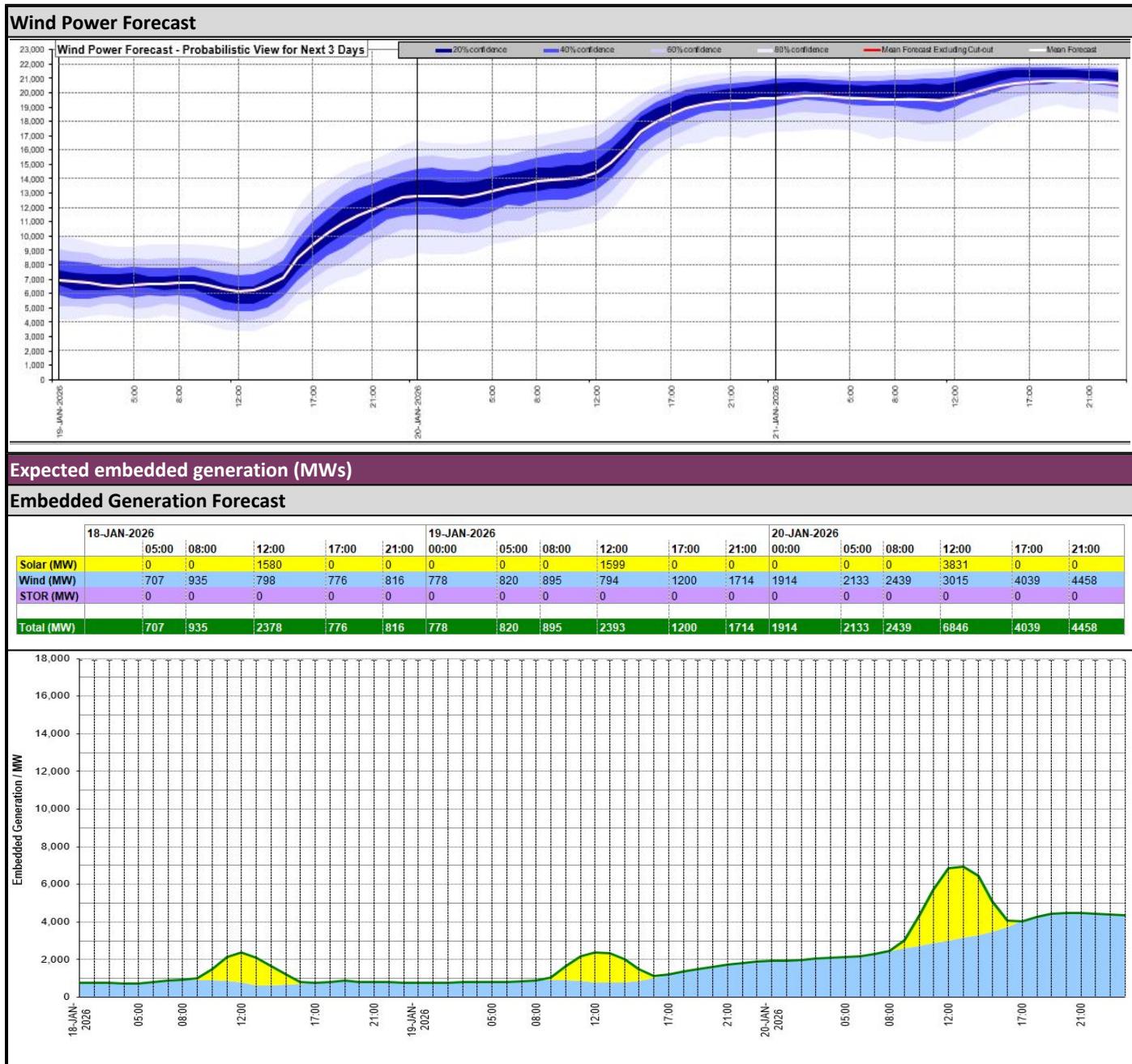
Today's High Level Risk Status Forecast for the next 24h			
General Status		Voltage	
Demand		System Inertia	
System Margins		Weather	
Generation		Transmission	
Active Constraints			
<u>System Warning</u>			

<u>Today's Minimum De-Rated Margin</u>	8,144 MW (SP 34)	
Current BMU Largest Loss Risk	Generation	1500 MW
	Demand	1150 MW



Yesterday's Market Summary	
<u>Cash Out Price (Max)</u>	£152.14/MWh (SP 4)
<u>Cash Out Price (Min)</u>	£45.00/MWh (SP 23)
<u>Peak Demand Yesterday</u>	39,883 MW
<u>Minimum Demand</u>	22,849 MW

Interconnector Net Transfer Capacity (MWs)			
Today	Import	Export	Remarks
Netherlands (BritNed)	1000	1000	Fully Available
Belgium (Nemo)	1000	1000	Fully Available
Ireland (EWIC)	500	500	Fully Available
Northern Ireland (MOYLE)	500	500	Fully Available
Norway (NSL)	1400	1400	Fully Available
France (IFA2)	1000	1000	Fully Available
Ireland (GreenLink)	500	500	Fully Available
Viking Link	1400	1400	Fully Available
France (ElecLink)	1000	1000	Fully Available
France (IFA)	1500	1500	Partially Available



Weather	Source	Commentary
Latest forecast (Summary)	<a href="#">Met Office</a> <a href="#">SEPA</a> <a href="#">Natural Resources Wales</a>	<p><b>Today:</b> A rather grey day with some fog remaining stubborn to clear and plenty of low cloud. Outbreaks of rain also continuing in central areas, with the brightest skies across northern Scotland. Temperature close to, or slightly above average.</p> <p><b>Tonight:</b> Remaining cloudy with rain moving northwards, locally heavy in Northern Ireland. Some clear spells inbetween cloud will allow frost to develop in the north and west. Turning windy in southwest.</p>
General Weather Concerns e.g. wind, rain, snow, flooding, GB Weather Warnings	<a href="#">Met Office Weather Warning</a> <a href="#">England Flood Warning</a> <a href="#">SEPA</a> <a href="#">Natural Resources Wales</a>	<p><b>UK Weather Warnings</b> No weather warnings are in force for the UK</p> <p><b>Flood Warnings</b> 1 flood warnings and 64 flood alerts issued for England. 0 flood warnings and 0 flood alerts issued for Scotland 0 flood warning and 0 flood alerts issued for Wales</p>

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<b>Further Information</b>	
BM Reports	<a href="https://www.elexon.co.uk/data/kinnect-insights-solution/">https://www.elexon.co.uk/data/kinnect-insights-solution/</a>
System Balancing Reports	<a href="https://www.neso.energy/industry-information/industry-data-and-reports/system-balancing-reports">https://www.neso.energy/industry-information/industry-data-and-reports/system-balancing-reports</a>
Forecast Volumes and Costs	<a href="https://www.neso.energy/industry-information/industry-data-and-reports/forecast-volumes-and-costs">https://www.neso.energy/industry-information/industry-data-and-reports/forecast-volumes-and-costs</a>