

NESO

National Electricity Transmission System Status report

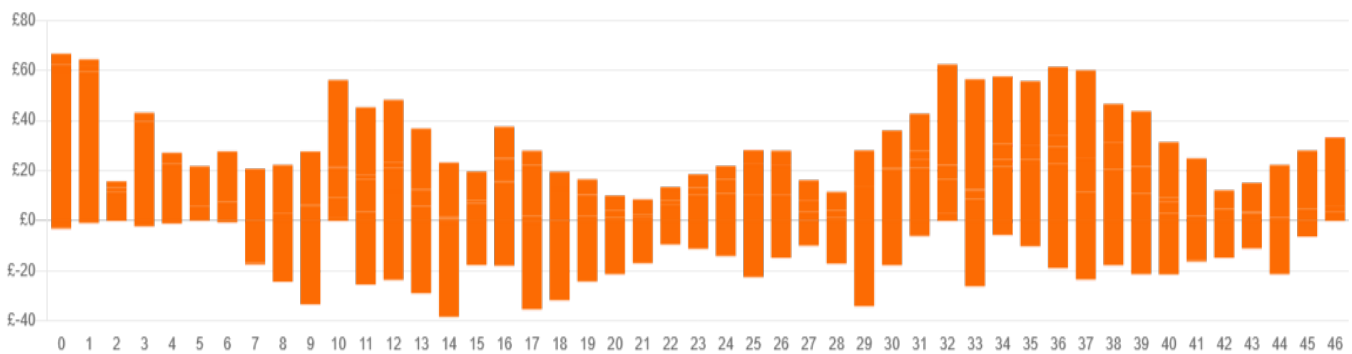
NESO National Electricity Transmission System Status Report
Sunday 18 January 2026

Today's High Level Risk Status Forecast for the next 24h			
General Status		Voltage	
Demand		System Inertia	
System Margins		Weather	
Generation		Transmission	
Active Constraints			
System Warning			

Today's Minimum De-Rated Margin	11,867 MW (SP 36)	
Current BMU Largest Loss Risk	Generation	1500 MW
	Demand	560 MW

Balancing Costs

Last 24 hours' BM spend Total: £810k



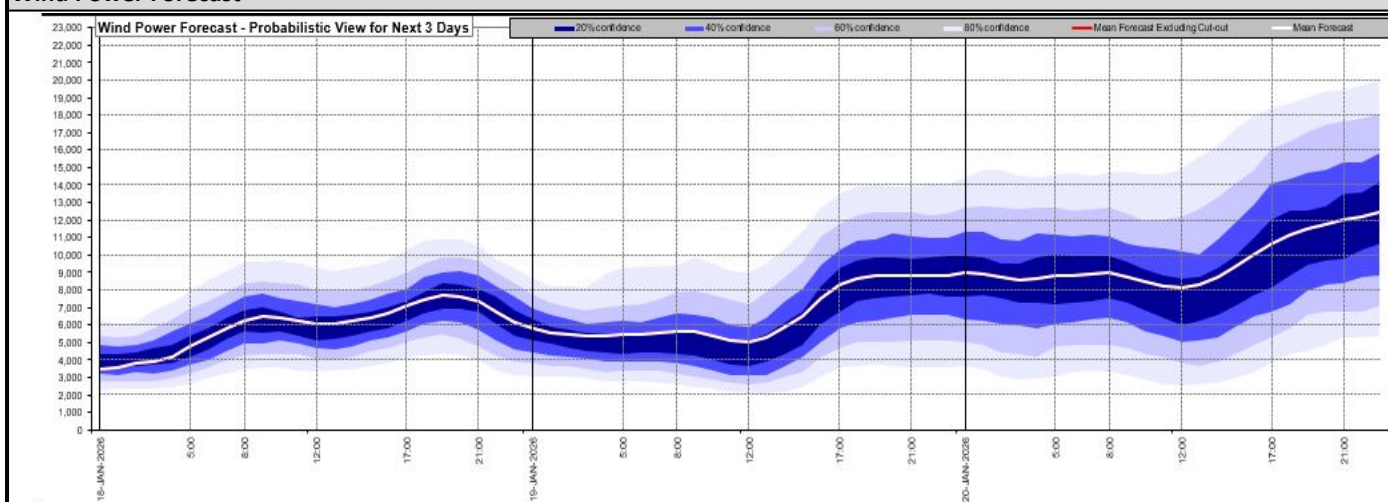
Yesterday's Market Summary

Cash Out Price (Max)	£135.00/MWh (SP 34)
Cash Out Price (Min)	£72.63/MWh (SP 21)
Peak Demand Yesterday	38,047 MW
Minimum Demand	23,673 MW

Interconnector Net Transfer Capacity (MWs)

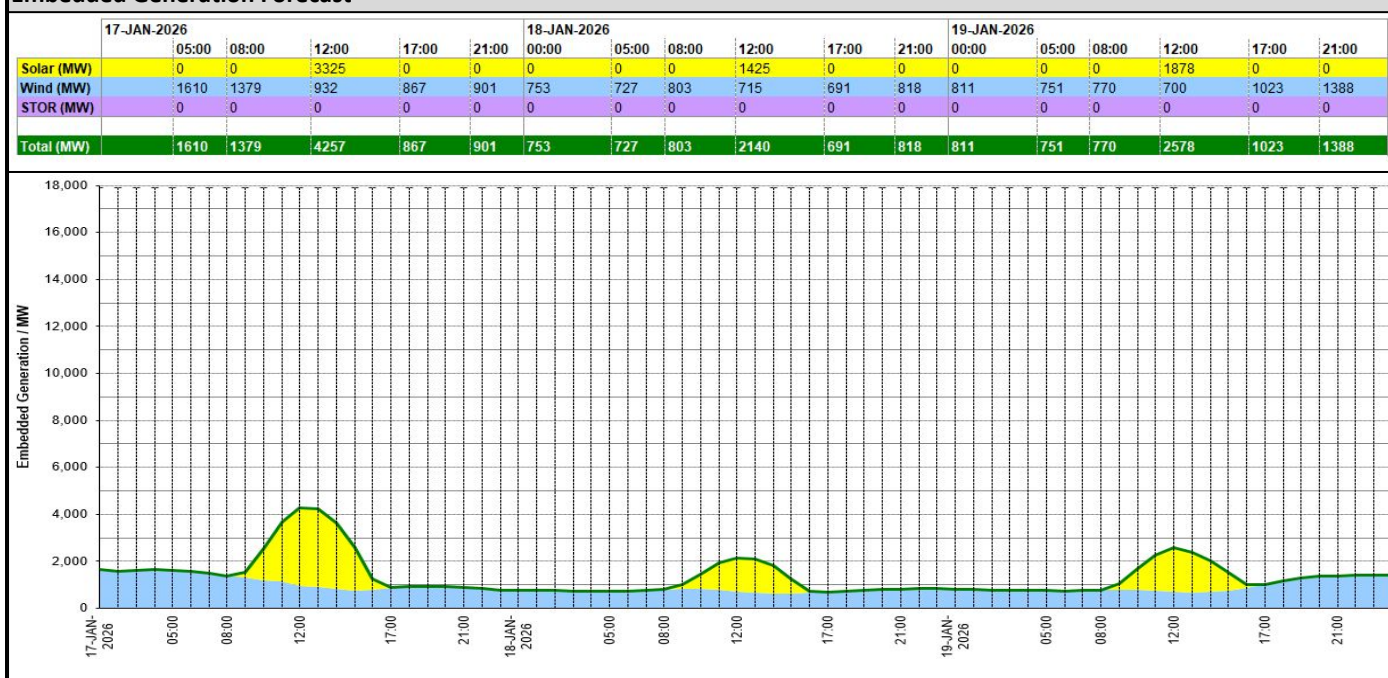
Today	Import	Export	Remarks
Netherlands (BritNed)	1000	1000	Fully Available
Belgium (Nemo)	1000	1000	Fully Available
Ireland (EWIC)	500	500	Fully Available
Northern Ireland (MOYLE)	500	500	Fully Available
Norway (NSL)	1400	1400	Fully Available
France (IFA2)	1000	1000	Fully Available
Ireland (GreenLink)	500	500	Fully Available
Viking Link	1400	1400	Fully Available
France (ElecLink)	1000	1000	Fully Available
France (IFA)	1500	1500	Partially Available

Wind Power Forecast



Expected embedded generation (MWs)

Embedded Generation Forecast



Weather	Source	Commentary
Latest forecast (Summary)	Met Office SEPA Natural Resources Wales	Today: Cloudy with extensive areas of low cloud and fog, with the fog proving stubborn to clear across eastern England. Elsewhere, outbreaks of rain will become slow-moving across western areas. Clearer spells in the southeast and northern Scotland. Temperatures near average. Tonight: Cloudy with a band of rain stretching from the southwest to the northeast of Scotland. Extensive low cloud and fog for many. Mild but frost in the west and north.
General Weather Concerns e.g. wind, rain, snow, flooding, GB Weather Warnings	Met Office Weather Warning England Flood Warning SEPA Natural Resources Wales	UK Weather Warnings No weather warnings are in force for the UK Flood Warnings 1 flood warnings and 77 flood alerts issued for England. 0 flood warnings and 0 flood alerts issued for Scotland 0 flood warning and 0 flood alerts issued for Wales

Further Information	
BM Reports	https://www.elexon.co.uk/data/kinnect-insights-solution/
System Balancing Reports	https://www.neso.energy/industry-information/industry-data-and-reports/system-balancing-reports
Forecast Volumes and Costs	https://www.neso.energy/industry-information/industry-data-and-reports/forecast-volumes-and-costs